

THE LIE vs. THE TRUTH

Establishing a New Mindset

Assignment: Each day take one of these truths and repeat it aloud, personalize it, and meditate on it throughout the day. Ask the Holy Spirit to lead you.

| IN ADAM CRUCIFIED OLD LIE BONDAGE WHAT I FEEL OR THINK | IN CHRIST RESURRECTED AND ASCENDED NEW TRUTH FREEDOM WHAT GOD SAYS |
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| I am rejected. | I am accepted. Ephesians 1:6 "... <i>He has made us accepted in the Beloved.</i> " Psalm 139:17 " <i>How precious also are Your thoughts to me, O God! How great is the sum of them!</i> " |
| I feel guilty. | I am totally forgiven. Ephesians 1:7 " <i>In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.</i> " Psalm 103:3 " <i>Who forgives all your iniquities, who heals all your diseases.</i> " Hebrews 10:17 " <i>Then He adds, 'Their sins and their lawless deeds I will remember no more.'</i> " |
| I feel like I am a failure. I feel inadequate. | I am adequate. Philippians 4:13 " <i>I can do all things through Christ who strengthens me.</i> " 2 Corinthians 3:5 " <i>Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God.</i> " |
| I am a fearful, anxious person | I am free from fear. 2 Timothy 1:7 " <i>For God has not given us a spirit of fear, but of power and of love and of a sound mind.</i> " 1 John 4:18 " <i>There is no fear in love; but perfect love casts out fear.</i> " Psalm 34:4 " <i>I sought the LORD, and He heard me, and delivered me from all my fears.</i> " |
| I am not very smart. | I have God's wisdom. 1 Corinthians 1:30 " <i>But of Him you are in Christ Jesus, who became for us wisdom from God.</i> " Colossians 2:3 " <i>Christ, in whom are hidden all the treasures of wisdom and knowledge.</i> " |
| I am in bondage. | I am free. 2 Corinthians 3:17 " <i>Where the Spirit of the Lord is, there is liberty.</i> " John 8:36 " <i>Therefore if the Son makes you free, you shall be free indeed.</i> " Galatians 5:1,13 " <i>Stand fast therefore in the liberty by which Christ has made us free ... you have been called to liberty.</i> " |
| I am unlovable/unloved. | I am very loved. John 15:9 " <i>As the Father loved Me, I also have loved you; abide in My love.</i> " Ephesians 2:4-5 " <i>But God, who is rich in mercy, because of His great love with which He loved us, even when we were dead in trespasses, made us alive together with Christ.</i> " Ephesians 5:1-2 " <i>Therefore be imitators of God as dear children. And walk in love, as Christ also has loved us and given Himself for us.</i> " |

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| I am unwanted. I don't belong to anyone. | I have been adopted by God and am His child. I John 3:1 <i>"Behold what manner of love the Father has bestowed on us, that we should be called children of God!"</i> Romans 8:16-17 <i>"The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs-- heirs of God and joint heirs with Christ."</i> |
| I am depressed. I am hopeless. | I have all the hope I need. Romans 15:13 <i>"Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit."</i> Psalm 31:24 <i>"Be of good courage, and He shall strengthen your heart, all you who hope in the LORD."</i> |
| I have no strength. | I have God's power/am indwelt by the Holy Spirit. Ephesians 1:19 <i>"The exceeding greatness of His power toward us who believe, according to the working of His mighty power."</i> Ephesians 3:20 <i>"Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us."</i> Acts 1:8 <i>"But you shall receive power when the Holy Spirit has come upon you..."</i> |
| I feel condemned. | I am blameless. Romans 8:1 <i>"There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit."</i> John 3:18 <i>"He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God."</i> |
| I am alone/feel alone. | I am never alone. Hebrews 13:5-6 <i>"... be content with such things as you have. For He Himself has said, 'I will never leave you nor forsake you.' So we may boldly say: 'The Lord is my helper; I will not fear.'"</i> Romans 8:38-39 <i>"For I am persuaded that ... (nothing) ... shall be able to separate us from the love of God which is in Christ Jesus our Lord."</i> |
| I have no one to take care of me. | I am protected/safe. Psalm 32:7-8, 10-11 <i>"You are my hiding place; you shall preserve me from trouble; you shall surround me with songs of deliverance... will instruct you and teach you in the way you should go; I will guide you with My eye... Many sorrows shall be to the wicked; but he who trusts in the LORD, mercy shall surround him. Be glad in the LORD and rejoice, you righteous; and shout for joy, all you upright in heart!"</i> |
| There is nothing special about me. | I have been chosen/set apart by God. 1 Corinthians 6:11 <i>"You were washed, but you were sanctified, but you were justified in the name of the Lord Jesus and by the Spirit of our God."</i> 1 Peter 2:9-10 <i>"But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light; who once were not a people but are now the people of God, who had not obtained mercy but now have obtained mercy."</i> |

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| I am not good enough. | I am perfect in Christ. <i>Hebrews 10:14 "For by one offering He has perfected forever those who are being sanctified." Colossians 2:9-10 "For in Him dwells all the fullness of the Godhead bodily; and you are complete in Him, who is the head of all principality and power." 2 Corinthians 5:21 "For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him."</i> |
| I am defeated. | I am victorious. <i>2 Corinthians 2:14 "Now thanks be to God who always leads us in triumph in Christ." Romans 8:37 "... in all these things we are more than conquerors through Him who loved us." I John 5:4 "For whatever is born of God overcomes the world. And this is the victory that has overcome the world— our faith."</i> |
| I am afraid of Satan. | I have authority over Satan. <i>Luke 10:19 "I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you." I John 4:4 "He who is in you is greater than he who is in the world." I John 3:8 "For this purpose the Son of God was manifested, that He might destroy the works of the devil."</i> |
| I can't reach God. I have no confidence. | I have access to God. <i>Hebrews 10:19-22 "Therefore, brethren, having boldness to enter the Holiest by the blood of Jesus, by a new and living way which He consecrated for us, through the veil, that is, His flesh, and having a High Priest over the house of God, let us draw near with a true heart in full assurance of faith." Ephesians 3:12 "In whom we have boldness and access with confidence through faith in Him."</i> |
| I feel inferior. | I am designed uniquely for God's purpose. <i>Psalm 139:13-14 "For You formed my inward parts; you covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made." Romans 2:11 "For there is no partiality with God." 1 Samuel 16:7 "Do not look at his appearance or at the height of his stature, ... the Lord does not see as man sees; for man looks at the outward appearance, but the LORD looks at the heart." 2 Corinthians 10:12 "For we dare not class ourselves or compare ourselves... But they, measuring themselves by themselves, and comparing themselves among themselves, are not wise."</i> |